



WorkWise

CORPORATE TRAINING
DIVISION RAKAN SKILLS

NEW SKILL



LOADING...



KNOW ABOUT US

Welcome to WorkWise Trainings!. Our training programs are designed specifically for the corporate professionals, public service staff, and manufacturing unit. We provide practical, result-driven skills that enhance workplace positivity and productivity.



MISSION

To equip Indian workforce with professional skills and continuous learning attitude for organisational excellence growth.



VISION

To optimize organisational productivity locally and globally by unlocking the potential of the Indian workforce

WISE SKILLS FOR WORKPLACE SUCCESS

Contact Us

8932919254, 9559957575

workwise@rakanskills.com



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Wise Skills for Workplace Success



WORKWISE TEAM



Dr. Shefali Raj

Dr. Shefali Raj, a versatile professional, excels in education, entrepreneurship, linguistics, and consulting. Founder of Speakwel The Lifestyle School & Rakan Skills. She is on Board of several companies as Independent Director for Advisory Role. Honored with accolades including the Governor's Excellence in Education Medal and FICCI Flo Outstanding Director Award, she's actively involved in talent development projects and social initiatives through her NGO "ARTH." Renowned speaker at TEDx & India Today, she advocates for Nation Building, Social Awareness, and Conservation of India's heritage



Kashish Agarwal

A young entrepreneur who is the driving force behind Rakan (Private) ITI and RAKAN SKILLS. She embarked on a mission to bridge the gap between industries and skilled manpower.

Earned prestigious awards and recognition like Best ITI award 2018 and selection in STRIVE scheme, she has been in the Core Teams of Business organisations like FICCI Flo and Young Indians (CII Youth Charter). RAKAN SKILLS is affiliated with NSDC, UPSDM, and PMKVY. Kashish is seen in her leadership roles at FICCI FLO Kanpur and CII.



Alpana Grover Das

With 30+ years' of academic and industry expertise, Alpana, a seasoned behavioral science expert is Net qualified and M.Phil. in Psychology who works on people & organisational changes through training, coaching, and counseling. She has curated and delivered 15000+ training hours, presented at international conferences., volunteered for social causes, and champions amateur theater. A certified career coach, her impact resonates amongst students and professionals, alike.

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EFFECTIVE COMMUNICATION SKILLS

► What it Includes?

- Verbal Communication Skills Enhancement
- Nonverbal Communication Mastery
- Active Listening Techniques
- Assertiveness Training
- Presentation Skills Development

► Duration

Each workshop can range from 1 to 3 days, depending on the depth of content and level of interaction required.

► Workwise Audience

Workforce at all levels, including managers, team leaders, and individual contributors.

SOFT SKILLS MAKEOVER THROUGH EMOTIONAL INTELLIGENCE

► What it Includes?

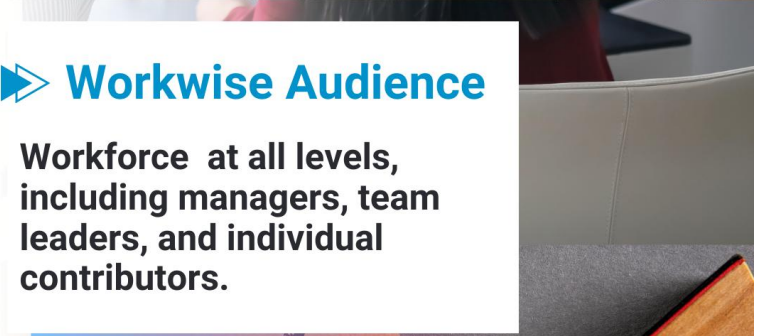
- Self-Awareness and Self-Management Skills
- Empathy and Social Awareness Development
- Relationship Management Strategies
- Stress Management Techniques
- Emotional Resilience Building

► Duration

Workshops can vary from half-day awareness sessions to multi-day programs, with ongoing reinforcement and follow-up sessions as needed.

► Workwise Audience

Any person seeking personal and professional growth.



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LEADERSHIP DEVELOPMENT COACHING

➤ What it Includes?

- Emotional Intelligence for Leaders
- Coaching and Mentoring for Leadership Development
- Decision-Making and Problem-Solving Skills for Leaders
- Leading High-Performance Teams

➤ Duration

Coaching programs typically span 1 day to several months, with regular coaching sessions scheduled biweekly or monthly.

➤ Workwise Audience

Managers, supervisors, executives, and aspiring leaders.

PSYCHOLOGICAL INSIGHTS WORKSHOPS

➤ What it Includes?

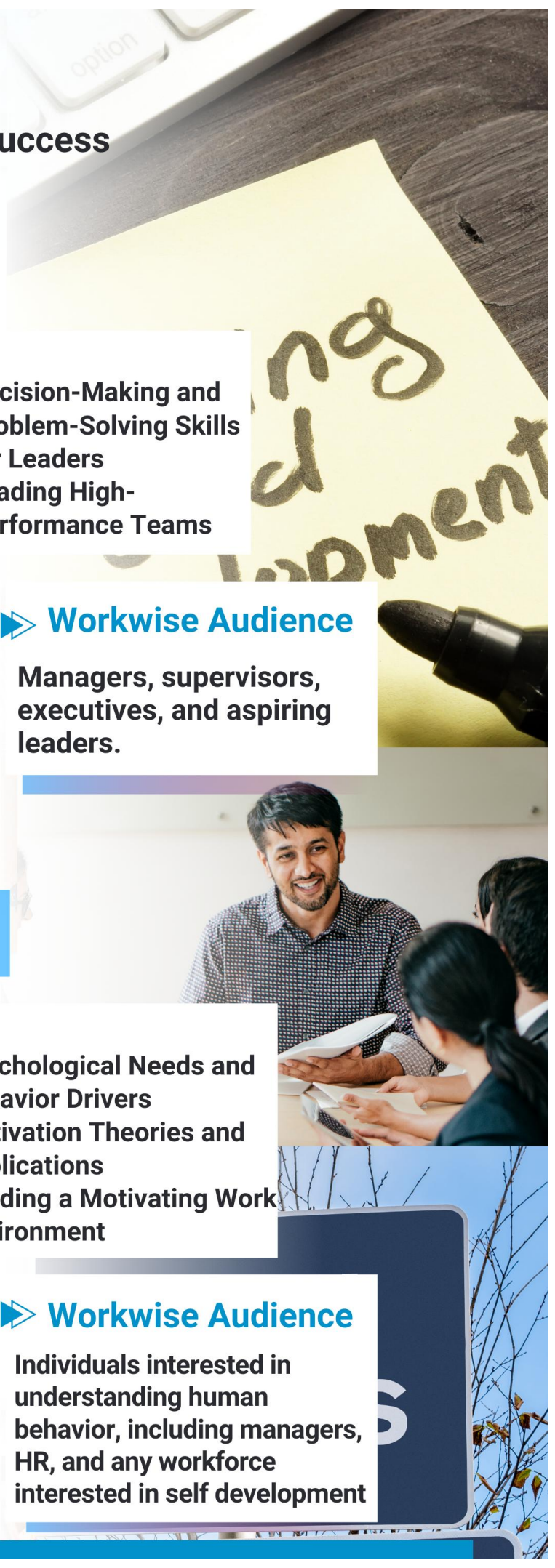
- Understanding Human Behavior and Motivation
- Psychology of Motivation and Goal Setting
- Understanding Personality Types and Preferences
- Psychological Needs and Behavior Drivers
- Motivation Theories and Applications
- Building a Motivating Work Environment

➤ Duration

Workshops can be structured as half-day seminars or full-day sessions, with follow-up counseling and coaching sessions for deeper exploration.

➤ Workwise Audience

Individuals interested in understanding human behavior, including managers, HR, and any workforce interested in self development



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TEAM BUILDING AND COLLABORATION TRAINING

➤ What it Includes?

- Building Trust and Rapport within Teams
- Building a Positive Team Culture
- Conflict Resolution Strategies for Teams
- Team Dynamics and Roles Clarification
- Enhancing Team Communication and Collaboration

➤ Duration

Workshops can range from half-day to upto two full-day sessions, with follow-up workshops scheduled as needed to reinforce learning.

➤ Workwise Audience

Teams, departments, or organizations undergoing change, or seeking to enhance team dynamics and collaboration.

RESILIENCE BUILDING SESSIONS

➤ What it Includes?

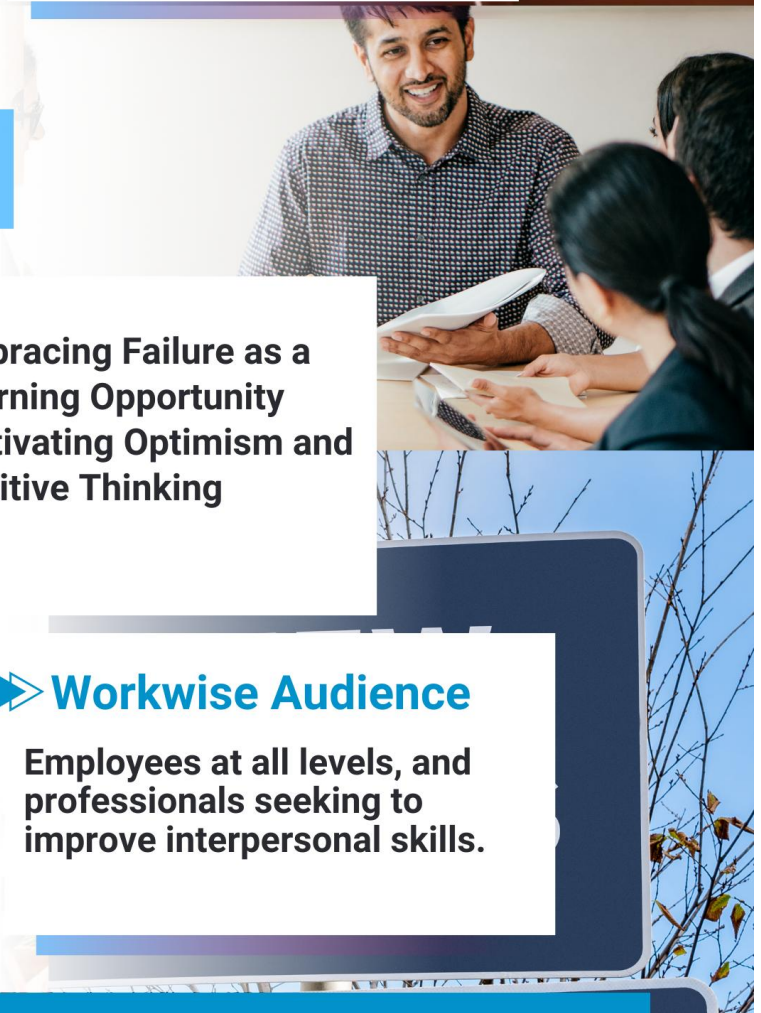
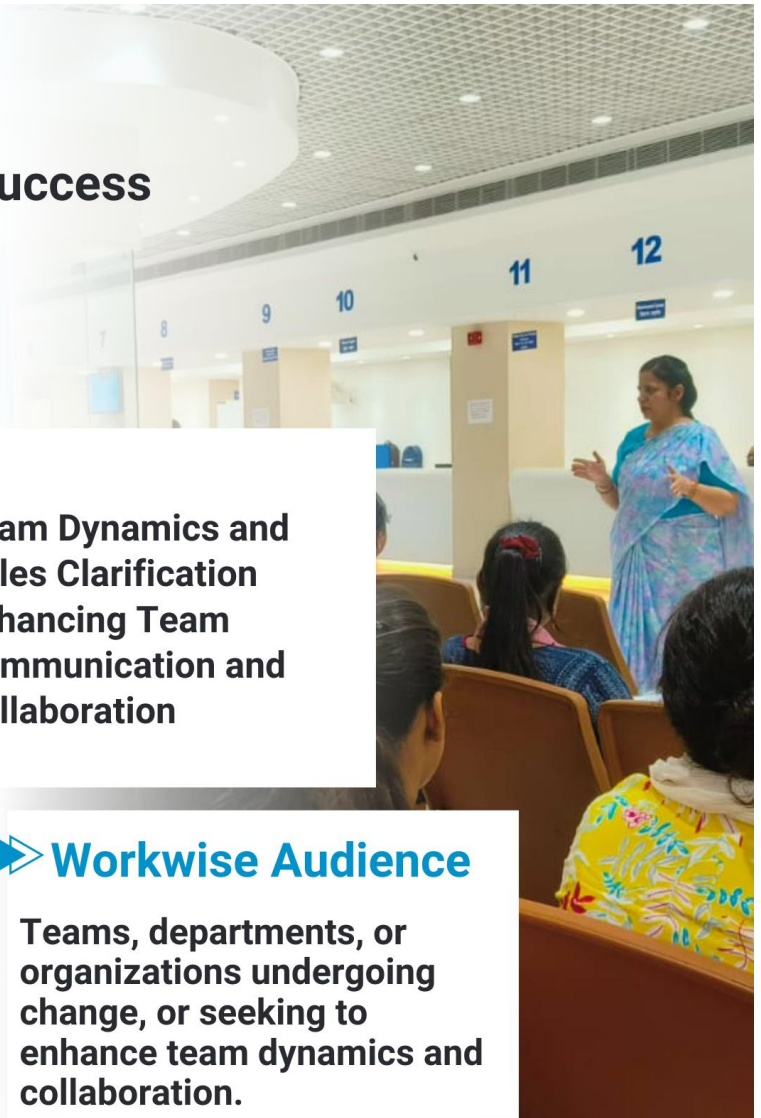
- Building Resilience in Times of Change and Uncertainty
- Coping Strategies for Adversity and Setbacks
- Developing a Growth Mindset
- Embracing Failure as a Learning Opportunity
- Cultivating Optimism and Positive Thinking

➤ Duration

Programs can be structured as multi-day workshops or ongoing training series, with periodic follow-ups and reinforcement activities.

➤ Workwise Audience

Employees at all levels, and professionals seeking to improve interpersonal skills.



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CHANGE MANAGEMENT TRAININGS

➤ What it Includes?

- Understanding the Change Process
- Flexibility and Adaptability Skills Development
- Anticipating and Managing Resistance to Change
- Thwarting the VUCA hype (Volatility, Uncertainty, Complexity, Ambiguity)
- Change Agility (Parameters)

➤ Duration

Training programs typically span multiple days to weeks, depending on the scale and complexity of the change effort. These are usually a part of consultancy projects.

➤ Workwise Audience

Leaders, managers, and employees involved in organizational change initiatives.

SOCIAL EMOTIONAL WELLNESS PROGRAM THROUGH STRESS CHANNELISATION

➤ What it Includes?

- Identifying Sources of Stress
- Stress Channelisation, Reduction Techniques and Relaxation Strategies
- Mindfulness and Meditation Practices
- Work-Life Balance Strategies
- Creating a Stress-Resilient Work Environment

➤ Duration

It can vary in duration, from short-term projects lasting a few hours to long-term associations.

➤ Workwise Audience

HR professionals, organizational leaders, management teams or any person who needs it.

